Center for Developing Minds

The Social Center

Is navigating social situations a challenge? Join our group!



Learn and practice strategies to more comfortably and confidently connect with peers in a safe, slower-paced, weekly group. The sessions will engage participants, while building self-awareness and encouraging the understanding of social cues.

The program also includes a parent component included in the teen class, with a special training session held during the last week of each session.

The group is moderated by occupational therapist, Michelle Burlyga, who specializes in teaching life skills. To schedule a required intake appointment for proper class placement, please contact the clinic.

What to Expect:

- Conversation tips
- Real-time skills advice
- Fun, interactive activities
- Helpful role-playing
- Light refreshments

Teens age 13-17:
Mondays at 5:00-6:30 pm
(4 student classes and 1 parent class)

Young adults age 18 to early 20s:
Fridays at 12:00-1:30 pm

Ongoing 5 week sessions: $750.

Center for Developing Minds
20 YEARS OF CARE

408-358-1853 **www.devminds.com**