Center for Developing Minds

The Social Center

Weekly group that meets in community social spots



Under the guidance of an experienced occupational therapist, practice building social connections toward creating lasting relationships, while increasing comfort and confidence to get out and about.

Meet up spots will include restaurants, coffee shops, arcades, and other neighborhood gathering spaces and events.

What to Expect:

- Safe space to be yourself and talk openly,
- Increased independence and ability to manage social challenges (e.g.: sensory sensitivities, anxiousness, hidden cues and rules),
- Real-time skills guidance during peer interactions,
- Learn about other potential "hang-out" locations and become comfortable exploring new venues and activities.

For Young Adults Age 21+

Tuesdays from 6:30 to 7:30 pm.

To schedule an intake appointment for group placement, please contact the clinic. Ongoing five week sessions: $750. Enrollment in multiple sessions encouraged to bolster and solidify long-term skills.

Center for Developing Minds
20 YEARS OF CARE

408-358-1853 **www.devminds.com**