



Center for Developing Minds

GIRLS GUIDE TO MIDDLE SCHOOL

Participants will have the opportunity to explore the ins and outs of the middle school experience, under the guidance of our educational specialist, Rachel Gilbert, MA. Through daily crafts, fun games and projects, this one-week group will dig into the middle school landscape and help prepare your student for a more successful school year.

What we'll cover:

- Navigating teacher relationships
- Understanding changing social dynamics
- Making new friends
- Managing increased responsibilities
- Creating a plan to stay organized



July 27–31, 2026, from 12:30–2:00 pm

Open to girls enrolled or entering 6th through 8th grade. Five days of class and activities costs \$750. Please contact the clinic to register.



www.devmonds.com

