

Social Brains

Get Ready to Go Back to School



Join us for a fun-filled summer session that will give you and your child the confidence and tools needed to ease the transition back to school!

Social Brains is a group that allows children to practice skills such as building and developing their friendships and maintaining social interactions. Our groups incorporate developmentally appropriate activities and books to teach, practice, and generalize foundational social thinking skills. The class will use concrete strategies to:

- work on transitions and dealing with unexpected events,
- practice self-monitoring, and strategies to stay regulated and alert in a group setting,
- set personal social goals, including trying initiation, learning and playing in a group, and using better perspective taking.

If you are interested in enrolling your student, please contact the clinic staff who will get you in touch with an instructor. We work hard to design balanced groups; therefore, each child will be individually screened and placed into a group with a maximum of six participants. The class is held at the Center for Developing Minds. Course fee is \$750 per session, which includes five classes, take-home materials and the end-of-session parent discussion that will be held during the last 30 minutes of the final day.

Instructor: **Rachel Gilbert, M.A., Educational Specialist**

Class Schedule: **For students ages 8-11 years old: 12:30 pm - 2:00 pm.
Monday through Friday, July 13-17, 2026**

**For students ages 12-14 years old: 12:30 pm - 2:00 pm.
Monday through Friday, July 20-24, 2026**



To register for this program, please contact the Center for Developing Minds at 408.358.1853
www.devmonds.com

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