

The Social Center

Is navigating social situations a challenge?
Join our group!



Learn and practice strategies to more comfortably and confidently connect with peers in a safe, slower-paced, weekly group. The program will engage participants, while building self-awareness and encouraging the understanding of social cues.

Moderated by Michelle Burlyga, OTR/L, who specializes in teaching life skills.

The program also includes a parent component, with a training session developed specifically for the parents of participants held during the last week of each session. To schedule a required intake appointment for proper class placement, please contact the clinic.

What to Expect:

- Conversation tips
- Real-time skills advice
- Fun, interactive activities
- Helpful role-playing
- Light refreshments

Teens age 13-17:

Mondays at 5:00-6:30pm

Teens/young adults age 18+:

Tuesdays at 5:00-6:30pm

Ongoing 5 week sessions: \$750.

(4 student classes and 1 parent class).

408-358-1853

www.devminds.com

