

2026



PARENTING COURSES

Center for Developing Minds hosts online educational webinars throughout the year. Please join in our lively, interactive group sessions for parents and caregivers of children and adolescents with ADHD or anxiety. We also have a parent class that will help explain the importance of executive functions and how students can develop these skills. Each session will be facilitated by an experienced child and family therapist or educational specialist.

ADHD 101: Overview and parent coaching.

February 24, 7:00 pm August 25, 7:00 pm
May 12, 7:00 pm November 17, 7:00 pm

ANXIETY 101: Overview and parent coaching.

May 13, 7:00 pm August 26, 7:00 pm
November 18, 7:00 pm

EXECUTIVE FUNCTION 101: Learn how a specialist can help build your child's skills.

February 26, 7:00 pm August 27, 7:00 pm
May 14, 7:00 pm November 19, 7:00 pm

Please contact the clinic in advance to register for the online sessions. Fee is \$100 per class. Visit our website for more details.

Center for Developing Minds

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