## 2025



## **PARENTING COURSES**

Center for Developing Minds hosts online educational webinars throughout the year. Please join in our lively, interactive group sessions for parents and caregivers of children and adolescents with ADHD or anxiety. We also have a class for families who have a child that was recently diagnosed with autism, and a parent class that will help explain the importance of executive functions and how students can develop these skills. Each session will be facilitated by an experienced child and family therapist, educational specialist, or child development specialist.

**ADHD 101:** Overview and parent coaching.

February 3, 7:00 pm August 25, 7:00 pm May 5, 7:00 pm November 3, 7:00 pm

**ANXIETY 101:** Overview and parent coaching.

February 5, 7:00 pm August 27, 7:00 pm May 7, 7:00 pm November 5, 7:00 pm

**AUTISM 101:** Advice and next-steps for families with a newly diagnosed child.

February 4, noon August 26, noon November 4, noon

**EXECUTIVE FUNCTION COACHING 101:** Learn how a specialist can help build your child's skills.

February 6, 7:00 pm August 28, 7:00 pm May 8, 7:00 pm November 6, 7:00 pm

Please contact the clinic in advance to register for the online sessions. Fee is \$100 per class. Visit our website for more details.

## **Center for Developing Minds**

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