



CENTER FOR DEVELOPING MINDS

Online Parenting Classes

Please join us for an 8-session course to learn practical tips for improving your parenting skills!

If you are struggling to manage your child and wishing day-to-day interactions could be easier and more playful, try using our Diverse Minds parenting SCRIPT.

Set Expectations

Consistency

Regulate and Respond to Behaviors

Inclusion

Patience and Positivity

Teaching

Join our child development specialist in a weekly online session that will help you develop your parenting abilities. You will learn proven strategies for:

- Reducing power struggles with your child.
- Empowering your child to attempt hard things.
- Effective and safe ways to respond to your child's behavior.
- Increasing your confidence.

Cost: \$500 for the 8 sessions.

Classes held Mondays, 12:00-1:00pm PT, from Jan. 27 to March 24.

No class on February 17, 2025.

Course is designed for parents with children ages toddler to tweens.

To register, please contact the clinic at 408.358.1853.



www.devmonds.com
www.diverseminds.org

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