CENTER FOR DEVELOPING MINDS

Online Parenting Classes

Please join us for an 8-session course to learn practical tips for improving your parenting skills!

If you are struggling to manage your child and wishing day-to-day interactions could be easier and more playful, try using our Diverse Minds parenting SCRIPT.

Set Expectations

Consistency

Regulate and Respond to Behaviors

I nclusion

Patience and Positivity

T eaching

Join our child development specialist in a weekly online session that will help you develop your parenting abilities. You will learn proven strategies for:

- · Reducing power struggles with your child.
- Empowering your child to attempt hard things.
- Effective and safe ways to respond to your child's behavior.
- · Increasing your confidence.

Cost: \$500 for the 8 sessions.

Classes are held Mondays, 6:30-7:30 pm, from Sept. 23 to Nov. 18. Course is designed for parents with children ages toddler to tweens. To register, please contact the clinic at 408.358.1853.

