

Help for a Picky Eater

Specialized Feeding Clinic



- Is your child unwilling to try new foods?
- Would you like to have calm mealtimes at your home?
- Can't get your child to eat anything healthy?
- Need to teach your child how to swallow their medications?

There is help for picky eaters! Join our Behavioral Specialist in a specialized feeding clinic that will help your child begin to develop more mature eating habits and teach them to eat nutritious foods. Through consistent repetition and practice your child can:

- Increase their independence with feeding and mealtimes.
- Learn to sample and enjoy new foods.
- Improve their ability to take their oral medications.
- Peacefully participate in group meals.
- Recognize that mealtimes can be fun.

The training is designed for 3- to 8-year-old children and sessions are held at the Center for Developing Minds in the early-childhood classrooms. The course fee is \$800.00 for four class meetings. After each set of four meetings, progress is assessed and recommendations for next steps are discussed individually with each family. Group size is very limited to provide participants with personal attention. For most children, it may be helpful to begin the training working one-on-one with our specialist. After improvements, placement into a group setting may be recommended. For more information about options for scheduling the timing of the daytime sessions, or to register, please contact the clinic.



To register for these programs, please contact the Center for Developing Minds at 408.358.1853

www.devminds.com

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