

AUTISM 101: PARENT COACHING



Please join our Autism and Behavior Specialist, Katie Allen, MA, BCBA, in a personalized online session for parents and caregivers of children who have recently been diagnosed with autism.

If a child in your family has recently been diagnosed with autism spectrum disorder, you likely have many unanswered questions and decisions to make about next steps. Research shows that the long-term outcomes of children with autism are improved when therapy and services begin as soon as possible. To facilitate this, the CDM offers "Autism Diagnosis 101" for parents and caregivers every three months. Topics to be covered at each session throughout the year will include:

- Defining ASD.
- Information about local service agencies and options for care.
- Expert advice regarding insurance coverage for therapies and clinicians.
- Tips for increasing social skills and awareness.
- Help with managing daily struggles.
- Contacts at local organizations offering support groups.
- Practice of effective and positive communication styles.
- Learning to enjoy the uniqueness of your child.

May 31, 2023 12:00-1:00pm

Center for Developing Minds

Session Fee: \$100. Please register with the clinic in advance for the online class login link. If your family would like continued ongoing counselling regarding your child's specific care plan, additional one-on-one sessions can be scheduled (in-person or online).



15951 Los Gatos Blvd., Suite 6, Los Gatos, CA 95032
408-358-1853 | www.devmonds.com

© 2023 by Center for Developing Minds. All rights reserved.