## **How to Prepare for Finals**

Learn effective strategies for how to do your best on high school and undergraduate exams.

Spring Sessions Wednesday, May 1, 6:30-8:00 pm. Sunday, May 5, 3:00-4:30 pm.

Fall Sessions Sunday, December. 1, 3:00-4:30 pm. Wednesday, Dec. 4, 6:30-8:00 pm.



Instructor: Educational Specialist, Rebecca Thompson, MA

## Is your student overwhelmed with the prospect of upcoming class finals? Do they not know where to begin to prepare for an important exam? This 90-minute course will help get them on track!

Each participant will learn and review best-practice study methods, including the difference between active and passive studying. They will then take this information and craft a one- or two-week study plan for *one* of their current classes, immediately applying what they've learned. The students will exit with resources on how to study effectively, how to organize their studying, and having applied those lessons to a course.

Class sessions will be held at the Center for Developing Minds. The workshop is designed for high school and early-college students who need preparation for a test-based final (not project-based). Class size is limited to provide participants with personal attention. The course fee is \$250.00 per session. Please register with the clinic in advance.

Students should bring their class materials (i.e. books, tablets, laptops, as appropriate) to the session. If more intensive help is required, additional assistance may be scheduled with the instructor.

