



# Start Strong!

**Academic Coaching designed to help students build academic habits and start the second semester strong.**

**Mondays: 4:00-6:00 pm**

**Meeting Dates: January 27<sup>th</sup> through March 2<sup>nd</sup> (no session Feb. 17<sup>th</sup>)**

Open to all high school students.

**Instructor: Danny Arias, M.A., Educational Counselor**

Students will set themselves up for a more successful semester by starting the quarter with new academic habits. This five week class is designed to help teens organize their schoolwork, build weekly plans, improve study habits, complete assignments, create a routine, identify resources and reach their academic potential. The class provides students with a structured and supportive environment to improve their academic standing, while learning skills that will benefit them in the future.

The class sessions will consist of short overviews of academic skills, time for organizing homework, individual meetings and academic planning. In addition, the instructor will follow up individually with each student using email reminders and “check-ins,” and will be available via email throughout the program.

Classes are held at the Center for Developing Minds. As an experienced high school counselor, Mr. Arias has had great success helping students reach their academic goals. Course fee is \$650.00 for the five class sessions, including individualized follow-up attention via email from the instructor during the course. Class size is limited to provide participants with personal attention.

To enroll, please contact the clinic and collect the following materials to submit for instructor review (no later than January 19, 2020):

- Current Grades & Grade Breakdowns
- School Resources Available
- Past Interventions
- School / Teacher Policies
- Teacher Reports / Feedback
- Accommodations (if any)
- Goals



To register for these programs, please contact the Center for Developing Minds at 408.358.1853  
[www.devmonds.com](http://www.devmonds.com)

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